

OBC 25M 2025: Session: 5: COACH evaluation sheet for TEAM: TSZ

Coachinfo: Warming up from: 07:30 untill 08:45.

Teamleadmeeting @

The listed starttimes are indicative!

Coaches: Guldentops Kevin

Coaches: Michiels Hans HEADCOACH

PB => Personal Best time

SB => Seasons Best time: Season starting point: first of September.

Event number: 31: 100M BACKSTROKE MEN					Heat:2, starttime: 09:10
Heat: 2/7 Lane : 2 Athlete: BOODTS GERBEN					Q-time: 01:02:04
PB (25m pool): 1:02.04 Gent 9 Nov 2024					PB (50m pool): 1:04.23 SB:
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		29.28		1:02.04	
	29.28		32.76		
					

Coach feedback:

Event number: 31: 100M BACKSTROKE MEN					Heat:2, starttime: 09:10
Heat: 2/7 Lane : 2 Athlete: BOODTS GERBEN					Q-time: 01:02:04
PB (25m pool): 1:02.04 Temse 18 May 2025					PB (50m pool): 1:04.23 SB:
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		29.94		1:02.04	
	29.94		32.10		
					

Coach feedback:

Event number: 31: 100M BACKSTROKE MEN					Heat:4, starttime: 09:15
Heat: 4/7 Lane : 6 Athlete: WAELPUT THOMAS					Q-time: 01:00:24
PB (25m pool): 1:00.24 'T Rosco 12 Oct 2025					PB (50m pool): 1:03.69 SB:
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		29.35		1:00.24	
	29.35		30.89		
					

Coach feedback:

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Event number: 34: 200M BACKSTROKE WOMEN							Heat:2, starttime: 09:40	
Heat: 2/4 Lane : 2 Athlete: RENDERS CHARLOTTE							Q-time: 02:22:52	
PB (25m pool): 2:22.52 Ron 19 Oct 2024				PB (50m pool): 2:30.97 SB:				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		33.82		1:09.91		1:46.21		2:22.52
	33.82		36.09		36.30		36.31	
								

Coach feedback:

Event number: 38: 100M FREESTYLE WOMEN							Heat:6, starttime: 10:30	
Heat: 6/8 Lane : 4 Athlete: MICHIELS NORE							Q-time: 00:55:86	
PB (25m pool): 55.86 Gent 10 Nov 2024				PB (50m pool): 56.49 SB:				
	2 5 M	5 0 M	7 5 M	1 0 0 M				
PB		27.04		55.86				
	27.4		28.82					
								

Coach feedback: